

# Setting Limits

Montessori-style

The Montessori approach sets limits with compassion + respect to support + guide our children.

## Is there clarity?

- \* have a few house rules
- \* be consistent with the limits

STEP  
01



## Is there love in your limit?

- \* get down to their level
- \* use a firm but loving voice
- \* manage our own anger first
- \* give respect and empathy if they are sad/frustrated etc
- \* be there to hold them or keep them safe if they lose control



## Is there reason behind the limit?

Even if you are tired and done repeating yourself, saying "because I said so" is not enough.

STEP  
02

STEP  
03



## Is the limit age + ability appropriate?

## Is it possible to work with your child to set the limit?

Look with your child for ways to meet your needs (eg, to have rest) and your child's needs (eg, to have fun)

STEP  
04

Limits can be revised as your child grows

STEP  
05



## Is safety involved?

Physically + gently remove the child from danger if necessary

STEP  
06

